



# OFFICIAL GAME CARD

## PPLD.ORG/SUMMER



### **RCTIVITY TIME REDUIREMENTS**



5 - 10 MIN.

Ages 0 - 3



10 - 20 MIN.

Ages 4 - 7



20 - 30 MIN.

Ages 8 - 12



30+ MIN.

Ages 13+

### **ACTIVITY CHART**

Count one activity per day.



#### **READ**

Read or listen to a book in any form. Reading to someone else counts!



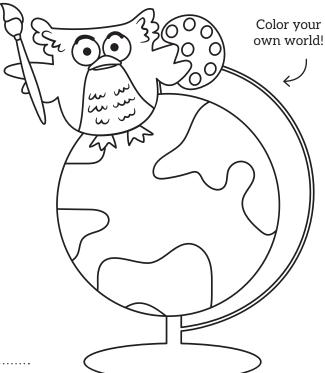
### **EXPLORE**

Move, play, hike, find someplace new, or explore a new book, genre, or hobby!



#### **CREATE**

Write, craft, draw, build, or make something – your imagination is the limit!



NAME:

