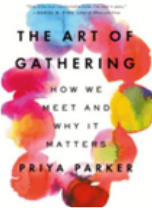


Better Together



Community: It Starts with You!



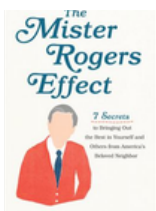
[The Art of Gathering: How We Meet and Why it Matters](#) by Priya Parker

A conflict resolution facilitator describes why most of the gatherings in our lives are boring and unproductive and uses examples ranging from conferences and meetings to courtrooms and flash mobs to demonstrate how simple, but specific changes can energize any gathering.



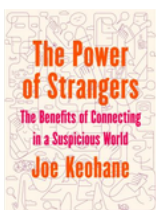
[Belonging](#) by Toko-Pa Turner

In *Belonging*, Toko-Pa explores the origins of our estrangement, how that alienation affects the choices we make as individuals, and as a culture, and what are those skills to which we can apprentice ourselves to restore a sense of belonging in our lives, and in our world.



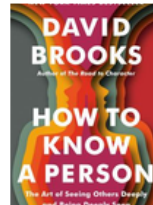
[The Mister Rogers Effect: 7 Secrets to Bringing Out the Best in Yourself and Others from America's Beloved Neighbor](#) by Anita Knight Kuhnley

Professor, speaker, and blogger unpacks seven principles Mister Rogers used to change the hearts of all, offering a simple guide to share his practical wisdom and expressions of care with the children in our own lives and neighborhoods.



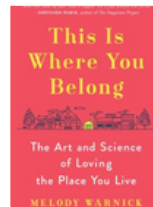
[The Power of Strangers: The Benefits of Connecting in a Suspicious World](#) by Joe Keohane

Part self-help, part history, this meticulously researched book, with help from sociologists, psychologists, anthropologists, theologians, philosophers, and political scientists, shows how talking to strangers isn't just a way to live; it's a way to survive.



[How to Know a Person: The Art of Seeing Others Deeply and Being Deeply Seen](#) by David Brooks

Drawing from the fields of psychology and neuroscience and from the worlds of theater, philosophy, and history education, one of the nation's leading writers and commentators helps us become more understanding and considerate toward others, and to find the joy that comes from being seen.



[This is Where You Belong: The Art and Science of Loving the Place You Live](#)

by Melody Warnick

Recounts how the author's family moved multiple times throughout the country before she decided to adopt their latest town as a permanent home by identifying reasons to love it, sharing her findings about the psychology of place attachment and the motivations of people dedicated to improving their cities.

Making Connections

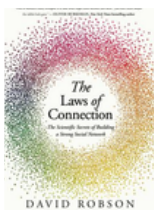


[Find Your People: Building Deep Community in a Lonely World](#)

by Jennie Allen

Allen draws on fascinating insights from science and history, timeless biblical truth, and vulnerable stories from her own life to help you overcome the barriers to making new friends and learn to initiate with easy-to-follow steps, understand how conflict can strengthen relationships, identify the type of friend you are and the types of friends you need, [and] learn the five practical ingredients you need to have the type of friends you've always longed for.

Making Connections cont.



[The Laws of Connection: The Scientific Secrets of Building a Strong Social Network](#) by David Robson

Drawing on philosophy, neuroscience, and cutting-edge psychology, Robson introduces readers to new concepts such as the liking gap, the novelty penalty, the fast-friendship procedure, the beautiful mess effect, and the Japanese art of amae. Whether we are shy or confident, introvert or extrovert, we can all build deeper relationships. *The Laws of Connection* shows us how.



[The Third Thursday Community Potluck Cookbook: Recipes and Stories to Celebrate the Bounty of the Moment](#) by Nancy Vienneau

Featuring recipes by novice and expert potluck volunteers, a bounteous selection of atypical potluck menus features seasonal options for every month of the year and includes such dishes as Crab Mac-and-Cheese and Brown Butter Honey Cake.



[The Good Neighbor Cookbook: 125 Easy and Delicious Recipes to Surprise and Satisfy the New Moms, New Neighbors, Recuperating Friends, Community-Meeting Members, Book Club Cohorts, and Block Party Pals in Your Life!](#)

by Sara Quessenberry

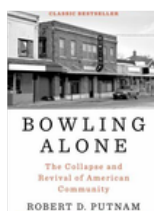
Provides 125 recipes—including raspberry Rhubarb Crumble Pie, Smoky Corn Chowder, Sausage and Broccoli Rabe Lasagna and Earl Grey and Orange Tea Cookies--organized by occasion, including such chapters as Get Well Soon, Bringing Home Baby, Novel Ideas for Book Club, Welcome to the Neighborhood and more.

A Deeper Look into the Need for Community



[The Art and Science of Connection: Why Social Health is the Missing Key to Living Longer, Healthier, and Happier](#) by Kasley Killam

In this groundbreaking redefinition of health and wellbeing, an internationally recognized expert in social health argues that the definition of wellbeing is missing a major component: social connection, proving that relationships not only make us happy, but they are also critical to our overall health and longevity.



[Bowling Alone: The Collapse and Revival of American Community](#) by Robert D. Putnam

Shows how changes in work, family structure, women's roles, and other factors have caused people to become increasingly disconnected from family, friends, neighbors, and democratic structures--and how they may reconnect.

Kids Books: You're Never Too Young to Create Community!



[A Park Connects Us](#) by Sarah Nelson

This picture book outing through a city park follows a diverse group of visitors as they explore the communal space and become encouraged by the sense of unity it creates.



[Block Party Today!](#) by Marilyn Singer

Upset with Yasmin and Sue, Lola sits alone in her apartment as a form of protest, but when the sights, sounds, and smells of the street party bombard her quiet space, Lola can't resist joining in the fun down below--making up with her two dearest friends in the process.



[Green Green: A Community Gardening Story](#) by Marie Lamba

When the development of a city challenges its residents with less and less green growing space, the community's children inspire their families to join together to build a garden for everyone to share.