Parenting Books

Apel, Kenn. Beyond Baby Talk. This overview of early language development also treats "hot topics" like media and childcare and steps to take if you suspect a language delay. (372.6 A641B)

Bruehl, Mariah. Playful Learning. Hands-on STEAM activity ideas for toddlers and preschoolers (includes printables). (155.41315 B889P)

Diaz, Natalie. What to Do When You’re Having Two. Catering specifically to parents of multiples, this book covers everything from pregnancy to first birthdays. (649.122 D542W)

Flett, Heather Gibbs. Stuff Every Mom Should Know. Both smart and snarky, this book fits in your diaper bag and is useful for advice or a good laugh. (306.8743 F615S)

Frost, Jo. Jo Frost’s Toddler Rules. TV’s Supernanny shares her SOS method to help you modify your child’s behaviors. (649.123 F939T)

Gray, Deborah D. Attaching in Adoption. The author explores the causes of attachment challenges, gives advice for building positive bonds, and discusses the impact of culture and developmental disabilities. (362.734 G778A)

Hodges, Steve J. It’s No Accident. An unabashed look at topics like bed wetting, constipation, and UTIs—why they happen, prevention, and treatment. (649.62 H689I)

Homer, Holly. 101 Kids Activities. This book is like a Pinterest page of the best and cheapest activities (modifications for different ages included). (790.1922 H7660)

Jana, Laura A. Heading Home with Your Newborn. Focusing on a child’s first year, this helpful guide offers pros and cons about parenting methods and products and helps readers make informed decisions. (649.122 J33H)

Liebmann-Smith, Joan. Baby Body Signs. This Q-and-A offering introduces common childhood maladies from head to toe. (613.0432 L716B)

More Parenting Books

Shapiro, Shauna L. and Chris White. Mindful Discipline. Strategies for implementing mindful discipline practices and guidance for boundary setting. (649.1 S529M)

Shelov, Stephen P. Caring for Your Baby and Young Child. Answers to every question parents of infants to five-year-olds could have. Written and reviewed by the experts. (618.9202 C277)

Silberg, Jackie. 125 Brain Games for Toddlers and Twos. Activities are presented with directions, suggested enhancement ideas, and "What the Research Says" tidbits. (649.5 S5820)

Wilcock, Fiona. Feeding Your Baby Day by Day. Bright photos, charts, and easy-to-digest text cover nutrition basics. Included are weekly planners, eating-out tips, and fussy eaters. (649.3 W667F)

Zachry, Anne H. Retro Baby. Emphasizing creative play rather than high-tech gear, this well-researched book is a goldmine of practical into and money-saving activities. (305.231 Z16R)

Bardige, Betty Lynn Segal. Talk to Me, Baby! (372.6 B246T)

Chapman, Gary D. The Five Love Languages of Children (306.874 C466F)

Cohen, Rebecca P. 15 Minutes Outside (790.191 C678F)

Cohen, Scot W. Eat Sleep Poop (618.9202 C678E)

Guernsey, Lisa. Screen Time (302.23083 G933S)

Jenner, Emma. Keep Calm and Parent On (306.874 J54K)

Phelan, Thomas W. 1-2-3 Magic (649.64 P5380)

Schwartz, Kevin. BabySafe in Seven Steps (649.1 S399B)

Swanson, Wendy Sue. Mama Doc Medicine (649.4 S972M)

Wiessinger, Diane. Sweet Sleep (649.33 W652S)

Zweiback, Meg. Keys to Toilet Training (649.62 Z97K)