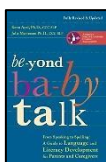




Parenting Books



Apel, Kenn. **Beyond Baby Talk.** This overview of early language development also treats “hot topics” like media and childcare and steps to take if you suspect a language delay. (372.6 A641B)

Bruehl, Mariah. **Playful Learning.** Hands-on STEAM activity ideas for toddlers and preschoolers (includes printables). (155.41315 B889P)

Diaz, Natalie. **What to Do When You're Having Two.** Catering specifically to parents of multiples, this book covers everything from pregnancy to first birthdays. (649.122 D542W)

Flett, Heather Gibbs. **Stuff Every Mom Should Know.** Both smart and snarky, this book fits in your diaper bag and is useful for advice or a good laugh. (306.8743 F615S)

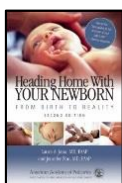


Frost, Jo. **Jo Frost's Toddler Rules.** TV's Supernanny shares her SOS method to help you modify your child's behaviors. (649.123 F939T)

Gray, Deborah D. **Attaching in Adoption.** The author explores the causes of attachment challenges, gives advice for building positive bonds, and discusses the impact of culture and developmental disabilities. (362.734 G778A)

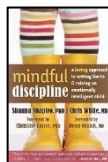
Hodges, Steve J. **It's No Accident.** An unabashed look at topics like bed wetting, constipation, and UTIs—why they happen, prevention, and treatment. (649.62 H689I)

Homer, Holly. **101 Kids Activities.** This book is like a Pinterest page of the best and cheapest activities (modifications for different ages included). (790.1922 H7660)



Jana, Laura A. **Heading Home with Your Newborn.** Focusing on a child's first year, this helpful guide offers pros and cons about parenting methods and products and helps readers make informed decisions. (649.122 J33H)

Liebmann-Smith, Joan. **Baby Body Signs.** This Q-and-A offering introduces common childhood maladies from head to toe. (613.0432 L716B)



Shapiro, Shauna L. and Chris White. **Mindful Discipline.** Strategies for implementing mindful discipline practices and guidance for boundary setting. (649.1 S529M)

Shelov, Stephen P. **Caring for Your Baby and Young Child.** Answers to every question parents of infants to five-year-olds could have. Written and reviewed by the experts. (618.9202 C277)

Silberg, Jackie. **125 Brain Games for Toddlers and Twos.** Activities are presented with directions, suggested enhancement ideas, and “What the Research Says” tidbits. (649.5 S5820)

Wilcock, Fiona. **Feeding Your Baby Day by Day.** Bright photos, charts, and easy-to-digest text cover nutrition basics. Included are weekly planners, eating-out tips, and fussy eaters. (649.3 W667F)



Zachry, Anne H. **Retro Baby.** Emphasizing creative play rather than high-tech gear, this well-researched book is a goldmine of practical info and money-saving activities. (305.231 Z16R)

More Parenting Books

- Bardige, Betty Lynn Segal. **Talk to Me, Baby!** (372.6 B246T)
- Chapman, Gary D. **The Five Love Languages of Children** (306.874 C466F)
- Cohen, Rebecca P. **15 Minutes Outside** (790.191 C678F)
- Cohen, Scot W. **Eat Sleep Poop** (618.9202 C678E)
- Guernsey, Lisa. **Screen Time** (302.23083 G933S)
- Jenner, Emma. **Keep Calm and Parent On** (306.874 J54K)
- Phelan, Thomas W. **1-2-3 Magic** (649.64 P5380)
- Schwartz, Kevin. **BabySafe in Seven Steps** (649.1 S399B)
- Swanson, Wendy Sue. **Mama Doc Medicine** (649.4 S972M)
- Wiessinger, Diane. **Sweet Sleep** (649.33 W652S)
- Zweiback, Meg. **Keys to Toilet Training** (649.62 Z97K)

