October is “Eat Better, Eat Together” month. Grab a few of these delicious picture books and create a healthy snack or meal that you can all enjoy! *(Find cookbooks in J641.5.)*

Bass, Jennifer Vogel. *Edible Numbers.* (What is more fun than counting fruit and vegetables? Can it be identifying colors in *Edible Colors* by the same author?)

Child, Lauren. *I Will Never, Not Ever Eat a Tomato.* (Lola doesn’t want to eat carrots, potatoes or even her tomatoes. How can her brother, Charlie convince her that they taste good?)

Ehlert, Lois. *Eating the Alphabet: Fruits and Vegetables from A to Z.* (Beautiful illustrations depict unusual and familiar fruits and vegetables from all around the world.)

Falwell, Cathryn. *Feast for 10* (The family gathers the ingredients, and then comes home to cook and enjoy a healthy meal together).

Hicks, Barbara Jean. *Monsters Don’t Eat Broccoli.* (Monsters love to eat all sorts of inedible things...(even suspiciously green-tree-looking things)... But when it comes to broccoli – forget it! ...Uh well, maybe!)

Kim, Aram. *No Kimchi for Me!* (Little Yoomi loves to eat many Korean dishes. However, kimchi is too spicy. Grandma finds a way for her to enjoy it.)

Lipson, Eden Ross. *Applesauce Season.* (A family picks the apples, slices them and cooks them down into applesauce. Then they enjoy it together.)

Musgrave, Susan. *More Blueberries!* *(JBoard Book)* (When do you ever have enough blueberries? NEVER! Two children thoroughly enjoy their fruity snack!)

Rubin, Adam. *Dragon’s Love Tacos.* (This hilarious book will have your kids and yourselves laughing and demanding tacos. Just make sure you don’t use any spicy salsa! Don’t forget to look for *Dragon’s Love Tacos 2!*)

Sayre, April Pulley. *Rah Rah Radishes!* (This colorful book cheers for all sorts of vegetables! *Go Go Grapes!* by the same author, highlights yummy fruits.)