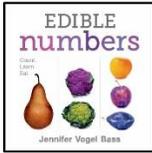
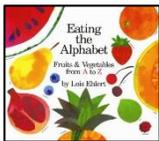
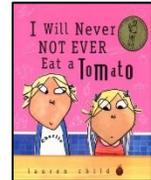


October is “Eat Better, Eat Together” month. Grab a few of these delicious picture books and create a healthy snack or meal that you can all enjoy! (Find cookbooks in J641.5.)



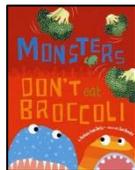
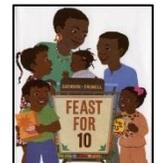
Bass, Jennifer Vogel. [Edible Numbers](#). (What is more fun than counting fruit and vegetables? Can it be identifying colors in [Edible Colors](#) by the same author?)

Child, Lauren. [I Will Never, Not Ever Eat a Tomato](#). (Lola doesn't want to eat carrots, potatoes or even her tomatoes. How can her brother, Charlie convince her that they taste good?)



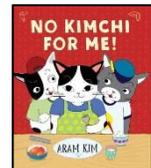
Ehlert, Lois. [Eating the Alphabet: Fruits and Vegetables from A to Z](#). (Beautiful illustrations depict unusual and familiar fruits and vegetables from all around the world.)

Falwell, Cathryn. [Feast for 10](#) (The family gathers the ingredients, and then comes home to cook and enjoy a healthy meal together.)



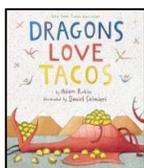
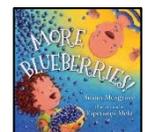
Hicks, Barbara Jean. [Monsters Don't Eat Broccoli](#). (Monsters love to eat all sorts of inedible things...(even suspiciously green-tree-looking things)... But when it comes to broccoli – forget it! ...Uh well, maybe!)

Kim, Aram. [No Kimchi for Me!](#) (Little Yoomi loves to eat many Korean dishes. However, kimchi is too spicy. Grandma finds a way for her to enjoy it.)



Lipson, Eden Ross. [Applesauce Season](#). (A family picks the apples, slices them and cooks them down into applesauce. Then they enjoy it together.)

Musgrave, Susan. [More Blueberries!](#) (JBoard Book) (When do you ever have enough blueberries? NEVER! Two children thoroughly enjoy their fruity snack!)



Rubin, Adam. [Dragon's Love Tacos](#). (This hilarious book will have your kids and yourselves laughing and demanding tacos. Just make sure you don't use any spicy salsa! Don't forget to look for [Dragon's Love Tacos 2!](#))

Sayre, April Pulley. [Rah Rah Radishes!](#) (This colorful book cheers for all sorts of vegetables! [Go Go Grapes!](#) by the same author, highlights yummy fruits.)

