



For ages 2 - 12

TAKE AND MAKE: Spring Break – 1 ball, 1 piece sidewalk chalk, 1 bottle bubbles and wand, 1 yo-yo (Age 5+).

These activities support physical exercise, gross motor skill development, brain development, and hand/eye coordination.

Ball Activities - Can you roll the ball back & forth with a friend? How about play catch? Can you throw it in the air and catch it? Try to toss it into a container, getting farther away with each throw. Build a contraption to roll your ball down. More ball activities can be found here: <https://frugalfun4boys.com/indoor-ball-games-kids/>

Bubble Activities - Blow bubbles! Blow big ones and little ones. Blow double and triple bubbles. Try to catch them on your bubble wand. Can you catch them with other things or even on your body? Can you pop them before they land? Turn on some music and have a bubble dance! Here are some ideas for toddlers: <https://www.redtedart.com/bubble-activities-for-toddlers/>

Chalk Activities - Go outside to draw with your chalk! Create an obstacle course. Play hopscotch. Draw a picture. Have someone trace your body to make a self-portrait. Write encouraging things for people walking by. Instruct passers-by to do silly things. Play Tic-Tac-Toe. Create a target and see if you can hit it with your ball. Here are some more activities: <https://www.thebestideasforkids.com/sidewalk-chalk-ideas/>

Yo-Yo Activity – For Age 5+ –Take a beginner yo-yo lesson with yo-yo champion Luke Renner. Click on our calendar at ppld.org and then click the program on March 16. He will teach you the basics of how to use the yo-yo and a few tricks. Be careful with your yo-yo, it can be dangerous for younger children. You can find the video here too:



If you are already an expert check out his website for more cool tricks: <http://www.lukerenneroyomagic.com/tricks.html>

The possibilities are endless with these simple supplies. See how creative you can be!

