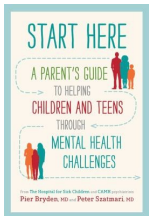




suicide PREVENTION MONTH



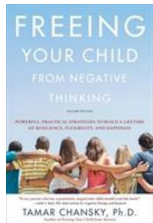
Resources for Parents & Children

**Bryden, Pier**

Start Here: A Parent's Guide to Helping Children and Teens Through Mental Health Challenges
Nonfiction

**Children's Hospital Colorado**

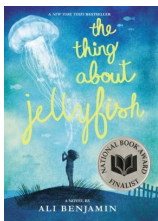
Teen Suicide Prevention: Teaching Kids to Ask

**Chansky, Tamar E.**

Freeing Your Child from Negative Thinking: Powerful, Practical Strategies To Build A Lifetime Of Resilience, Flexibility, And Happiness From Toddlers To Teens
Nonfiction

**Children's Hospital Colorado**

Why You Should Talk to Kids About Suicide

**Benjamin, Ali**

The Thing About Jellyfish
JFiction - Grades 4+
Suzy retreats into a silent, imaginary world after her best friend dies in an accident. She is determined to find an answer because everything has to happen for a reason, right?

**Children's Hospital Colorado**

Top Five Recommendations to Immediately Improve Children's Mental Health in Colorado

**Legrand, Claire**

Some Kind of Happiness
JFiction - Grades 4+
Finley doesn't understand why she struggles with feeling sad and overwhelmed so much, but she does know when she retreats to her magical land of Everwood, she feels so much more in control.

**Child Mind Institute**

National Suicide Prevention Month

**Smid, Emmi**

Luna's Red Hat: An Illustrated Storybook to Help Children Cope with Loss and Suicide
JNonfiction - Grades K+

Find more help and resources at pikespeaksuicideprevention.org

Updated 8/13/21