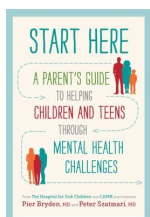




SUICIDE PREVENTION MONTH



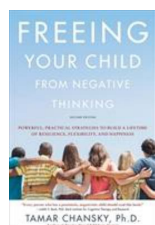
Resources for Parents & Children



Bryden, Pier
Start Here: A Parent's Guide to Helping Children and Teens Through Mental Health Challenges
Nonfiction



Children's Hospital Colorado
Teen Suicide Prevention: Teaching Kids to Ask



Chansky, Tamar E.
Freeing Your Child from Negative Thinking: Powerful, Practical Strategies To Build A Lifetime Of Resilience, Flexibility, And Happiness From Toddlers To Teens
Nonfiction



Children's Hospital Colorado
Why You Should Talk to Kids About Suicide



Benjamin, Ali
The Thing About Jellyfish
JFiction - Grades 4+
Suzy retreats into a silent, imaginary world after her best friend dies in an accident. She is determined to find an answer because everything has to happen for a reason, right?



Children's Hospital Colorado
Child Health Advocacy in Public Policy



Legrand, Claire
Some Kind of Happiness
JFiction - Grades 4+
Finley doesn't understand why she struggles with feeling sad and overwhelmed so much, but she does know when she retreats to her magical land of Everwood, she feels so much more in control.



Child Mind Institute
National Suicide Prevention Month



Smid, Emmi
Luna's Red Hat: An Illustrated Storybook to Help Children Cope with Loss and Suicide
JNonfiction - Grades K+

Find more help and resources at pikespeaksuicideprevention.org

Updated 7/31/24